



LIVE WELL WITH A CHRONIC ILLNESS



Have you been diagnosed with:

- Diabetes
- Obesity
- Chronic pain
- COPD
- Asthma
- Heart disease
- Auto-immune disease
- Other chronic conditions

Contact your EAP for confidential counseling and assistance any time!

Speak to an employee assistance program professional to help you better manage your feelings, lifestyle and well-being.

1-800-XXX-XXXX | www.achievesolutions.net/xxxx